

BIEF

A SELECTION OF FRENCH TITLES

**EPIDEMICS,
MEDICINE
& PUBLIC HEALTH**

Although almost all book fairs and industry events were canceled from March through August 2020, professionals in publishing the world over have continued to work remotely with their colleagues. As publication schedules gradually resume in a number of countries, we can all take some time at last to discover the finest books from around the world.

To aid you in your search, the Bureau international de l'édition française (BIEF) is delighted to present an interactive selection from over 25 French publishers, of 77 titles in the rubric medicine and health,

complete with a section focused on the Covid-19.

You will no doubt be familiar with some of these authors, already well-known for their work in these areas. But you will also encounter new voices exploring these topics and enriching the wealth of information available.

Whether a work by a first-time author or a well-known name, or a title to which rights have already been sold in several languages, what you will find here are books specifically chosen for their strong potential to succeed

in translation in a variety of markets and cultures.

You may browse through titles individually or use our interactive links to consult our catalogue by category.

For more information on any title, please don't hesitate to reach out to the relevant publisher's rights department using the handy contact info provided.

Happy browsing! Here's hoping you find some gems!

} General Works P 4 - 5

- > But Is It an Emergency?
- > Evolutionary Medicine: A Darwinian Approach to Healthcare
- > Your Health: All the Lies You've Been Told and How You Can See Through Them with Science

} COVID-19 P 6 - 8

- > COVID-19: Anatomy of a Health Crisis
- > Masks on!
- > Epidemics: Real Dangers and False Alarms
- > The Crisis Pamphlets: March 18 - May 2020
- > This Maddening Virus

} Epidemics P 9 - 12

- > Cholera: Haiti, 2010-2018
- > Confronting Epidemics
- > Emerging Diseases: Zika, Ébola, Chikungunya, Understanding and Preventing Them in Daily Life
- > Statistics and Epidemiology
- > Statistics and Epidemiology: 100 Corrected Exercises
- > The Life Cycle of the Epidemic
- > The Return of Epidemics

} History P 13 - 15

- > A History of Health Practices: The Clean and the Unclean Since the Middle Ages
- > Enemy Virus: A Discourse on Crisis, History and Wars
- > Life, Death, and Life Again
- > Marie Bryck and Her Brothers: A Story of Survival and Fate in France in the Time of Cholera
- > Patient Zeroes

} Essays P 16 - 19

- > Caregiving: A Democratic Value
- > Caregiving and Humanism
- > Caring for Nature and Humans: Medicine, Work, Ecology
- > Elements Toward a Philosophy of Health
- > Health: What's at Stake for Society?
- > Towards a Caring Society: A Politics of Caregiving
- > Writings on Medicine

} Public Health P 20 - 21

- > International Healthcare Law
- > Microbial Storms: An Essay on the Health Security Policies of the Transatlantic World
- > International Law and Pandemics: towards a system of collective health security?

} Health and the Environment P 22 - 24

- > Eco-Anxiety
- > Emerging Diseases: Epidemiology Among Animal, Vegetable, and Human
- > Epidemics, Animals, and Humans
- > Health and the Environment
- > Human Beings, Wild Life and a contemporary Plague
- > Pigs: a Journey to the Land of Living

} Patients, Caregivers P 25 - 27

- > Caregivers: Invisible Helpers
- > Here for You
- > Illness: The Intimate Disaster
- > Intensive Care: Techniques and Interactions
- > Nursing and Resuscitative Care
- > On-Call: A Nurse's Life

} Medicine and Technology P 28 - 29

- > Emotional Robots
- > Health and Artificial Intelligence
- > Machines, Medicine, and Me
- > Personalized Healthcare: A Philosophical Essay

} Microbiology, Immunology P 30 - 32

- > Humans and Viruses: A Sustainable Relationship?
- > Innate Immunity
- > The Emergence of Infectious Diseases: Dangers and Social Issues
- > The New Microbiology
- > The Virus: Friend or Foe?
- > Understanding Immunology

} Genetics P 33

- > Emancipating Ourselves from Our Genes
- > Genetics: 100 Keywords

} Chronic Diseases P 34 - 38

- > A Practical Guide to Lyme Disease
- > Cancer's Terrible Secret
- > Depression: Stay Locked Up or Break Free!
- > Killing Cancer
- > Obesity: Hide in Shame or Shed the Pounds?
- > Strokes: Surviving and Avoiding Them
- > The Anti-Diabetes Method
- > To Conquer Sleep
- > Toxic Planet: The Invisible Scandal of Chronic Diseases
- > War of the Boobs

} Natural Medicine and Health Practices P 39 - 42

- > Anti-Cancer Foods
- > Beware the Guru!
- > I Hate Running!
- > Learn to Sleep Well!
- > Naturopathy: A Season-by-Season Guide
- > Prescription: Exercise!
- > The Poor Man's Doctor: Precious Recipes for Natural Healing from Dr. Beauvillard

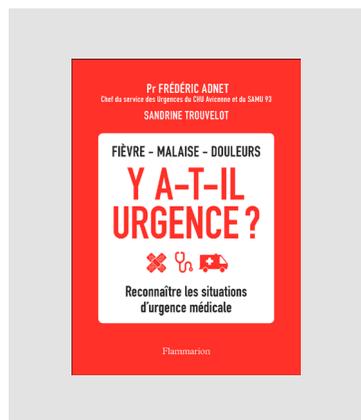
} Vaccines, Medications P 43 - 45

- > How Do Drugs Heal Us?
- > Medical Investigations into Drug Testing
- > Pharmaceutical Frauds
- > The Vaccine War
- > The Wrong Drugs: Why Women Don't Get the Treatment They Need
- > Vaccines: Assault or Defense?

General Works

COVID-19 | Epidemics | History | Essays | Public Health | Health and the Environment
 Patients, Caregivers | Medicine and Technology | Microbiology, Immunology
 Genetics | Chronic Diseases | Natural Medicine and Health Practises | Vaccines, Medications

› Flammarion



**FREDERIC ADNET,
 TROUVELOT SANDRINE,
 ILLUSTRATIONS : NAJIB LAGHMARI**

RIGHTS SOLD
 Chinese, Dutch

› Y A-T-IL URGENCE ?

BUT IS IT AN EMERGENCY?

A work meant to take the drama out of minor issues and determine which symptoms indicate a more serious condition requiring immediate care.

This book aims to help readers distinguish between minor issues and major health problems that through simple lack of knowledge could cost you your life. It addresses the primary potential responses to a health issue: when should we go to the ER? What are telltale symptoms of something serious?

Chapters are organized according to areas of the body (my chest hurts, my stomach hurts, my head hurts), in each case providing a list of questions to ask to identify the level of emergency and type of pathology involved.

9782081411722 / 2017 / 272 PAGES / 14,90 €

› Le Cavalier bleu



**MICHEL RAYMOND,
 FRÉDÉRIC THOMAS**

› MÉDECINE ÉVOLUTIONNISTE : UNE APPROCHE DARWINIENNE DE LA SANTÉ

EVOLUTIONARY MEDICINE: A DARWINIAN APPROACH TO HEALTHCARE

The fairly young discipline of evolutionary medicine draws on a Darwinian model of natural selection and its effect on the evolution of the human body to understand pathologies.

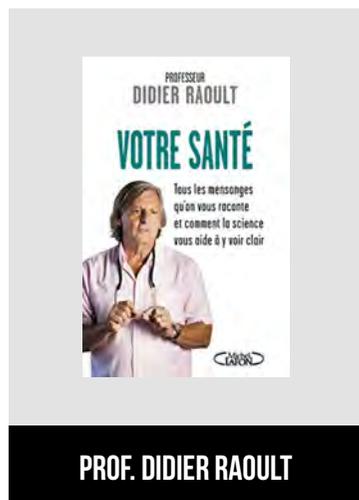
Diet, infectious diseases, cancer, mental health, reproduction, sleep, senility... all areas in which an approach based on evolutionary biology might influence medicine (the difference between men and women, local adaptations, etc.). Like all new disciplines, evolutionary medicine can spark lively, often ideological debates. Concrete examples help readers see medicine in an exciting new light.

9791031802336 / 2018 / 152 PAGES / 19,00 €

General Works

COVID-19 | Epidemics | History | Essays | Public Health | Health and the Environment
 Patients, Caregivers | Medicine and Technology | Microbiology, Immunology
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› Michel Lafon



› VOTRE SANTÉ : TOUS LES MENSONGES
 QU'ON VOUS RACONTE ET COMMENT
 LA SCIENCE VOUS AIDE À Y VOIR CLAIR

YOUR HEALTH: ALL THE LIES YOU'VE BEEN TOLD AND HOW YOU CAN SEE THROUGH THEM WITH SCIENCE

**A book for telling the difference between frauds,
 patent medicines, and actual remedies.**

No, broccoli won't keep you from getting cancer, and milk won't prevent osteoporosis! When it comes to our health, we're constantly bombarded with false information. We're wrongly warned off e-cigarette smoke (which will never be as bad as tobacco) and lifesaving antibiotics and vaccines. Big pharma lobbies are always pushing new drugs for no reason other than to make a buck, and manufacturers are busy coming up with new miracle foods, their claims for which have yet to be proven - that is, when they're not outright harmful.

9782749925554 / 2015 / 304 PAGES / 17,95 €

COVID-19

General Works Epidemics History Essays Public Health Health and the Environment

Patients, Caregivers Medicine and Technology Microbiology, Immunology

Genetics Chronic Diseases Natural Medicine and Health Practises Vaccines, Medications

Humensciences

COVID, ANATOMIE D'UNE CRISE SANITAIRE



COVID-19: ANATOMY OF A HEALTH CRISIS

Jean-Dominique Michel, a specialist in the anthropology of healthcare, was the first to observe a gap between the reality of the epidemic and official discourse from the authorities.

No screening tests, general confinement of the entire population, lies about the efficacy of masks: Jean-Dominique Michel is here to dissect absurd policy decisions. His thorough research helps us understand how the authorities failed and why we could have acted differently. What should we have known? How can we prepare ourselves if tomorrow the threat of a more lethal and contagious virus appears? What lessons can we learn from this crisis?

9782379312908 / 2020 / 224 PAGES / 17,00 €

Gallimard Loisirs



À VOS MASQUES !

MASKS ON!

120 editorial cartoons from around the world provide international views of the health crisis caused by the Coronavirus outbreak.

Since this unprecedented health crisis began, Cartooning for Peace, an organization whose network of members has a presence in 67 countries, has received hundreds of cartoons daily recording the situation worldwide. A selection of 120 cartoons from across the globe, this collection captures the major issues generated by the COVID-19 virus: mainly the medical challenge and the already considerable economic and political impact.

**CARTOONING FOR PEACE
FOREWORD : CYNTHIA FLEURY**

FIND OUT MORE

> 10 small-format and 6 large-format titles in the Cartooning for Peace series

9782742462759 / 2020 / 144 PAGES / 19,50 €

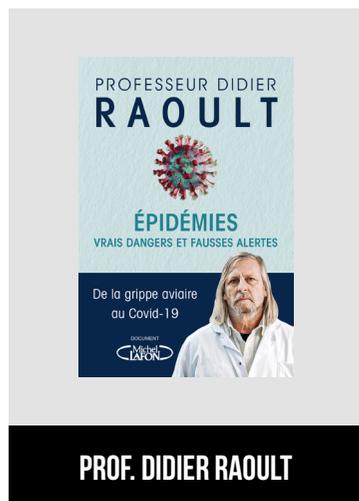
COVID-19

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› Michel Lafon



PROF. DIDIER RAOULT

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Bulgarian, Polish

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> 25,000 copies sold

› ÉPIDÉMIES, VRAIS DANGERS ET FAUSSES ALERTES

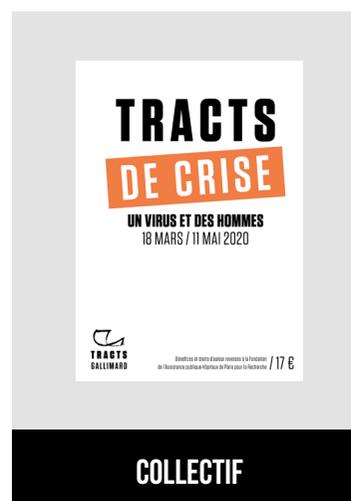
EPIDEMICS: REAL DANGERS AND FALSE ALARMS

From avian flu to COVID-19.

Anthrax, Chikungunya, Ebola, avian flu, H1N1, Zika, SARS-Coronavirus, MERS-Coronavirus... The millions of deaths predicted for each of these epidemics never came to pass. What is it about COVID-19 that has caused a global panic?

9782749944241 / 2020 / 160 PAGES / 8,99 €

› Gallimard



COLLECTIF

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> 10,000 copy print run

› TRACTS DE CRISE ; 18 MARS / 7 MAI 2020

THE CRISIS PAMPHLETS: MARCH 18 - MAY 2020

An anthology of sixty-three previously unpublished short essays addressing our unprecedented situation, in an attempt to explore its meaning and measure its scope.

COVID-19 has proven a catalyst on both individual and collective levels. This anthology bears witness in lasting, thought-provoking ways to the "feast of uncertainties" that has affected us all as participants and spectators alike. Contributors include Régis Debray, Erri De Luca, François-Henri Désérable, Michel Crépu, Johann Chapoutot, Alain Badiou, Erik Orsenna, Sylvain Tesson, Adèle Van Reeth, Annie Ernaux, Nancy Huston, Alessandro Baricco, Anna Hope, Fabrice Humbert, Edgar Morin, as well as Albert Camus, Guillaume de Machaut, and Simone Weil.

9782072913013 / 2020 / 560 PAGES / 17,00 €

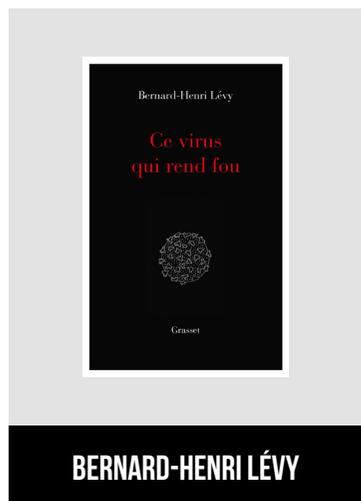
COVID-19

General Works Epidemics History Essays Public Health Health and the Environment

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} Grasset



} CE VIRUS QUI REND FOU

THIS
MADDENING
VIRUS

An attempt to understand the planet-wide turmoil of the COVID-19 crisis from a philosophical and epistemological point of view.

An epidemic is always a social phenomenon and a public health disaster all at once.

What does this epidemic tell us about our societies? What does it reveal about our relationship with pain and death? Is a virus a message from Nature, exhausted and begging for mercy? Or humanity, depleted and needing a rest? Were we right to slow down the planet? Are we right to believe it will rise up renewed? What about the "medical powers" that seem to be taking over politics? Are we witnessing a crisis of the democratic consciousness?

9782246826217 / 2020 / 112 PAGES / 8,00 €

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Castilian (Esfera), Catalan (Mes Llibres), Italian (La Nave di Teseo), Portuguese (Guerra e Paz), World English (Yale University Press).

FIND OUT MORE

> All proceeds from the sale of this book will be donated to the Association for the Advancement of Independent Bookstores (ADELC: Association pour le Développement de la Librairie de Création).

Heidi Warneke hwarneke@grasset.fr

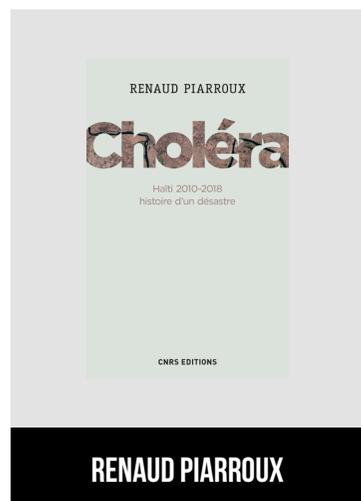
Epidemics

General Works Covid-19 History Essays Public Health Health and the Environment

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} CNRS Editions



RENAUD PIARROUX

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> 10,000 copy print run

} CHOLÉRA HAÏTI 2010-2018

CHOLERA:
HAITI, 2010-2018

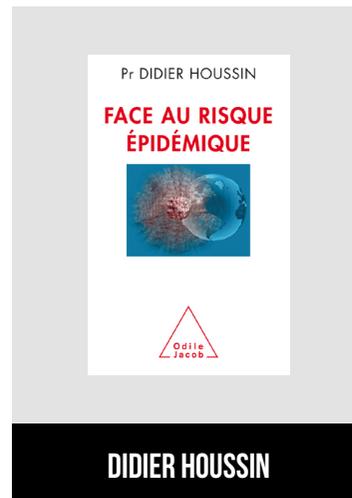
The moving tale of an eight-year struggle in a country on the brink of collapse.

2010: an earthquake strikes Haiti, followed eight months later by a cholera epidemic of unprecedented severity. Cholera specialist Renaud Piarroux soon finds himself deep in the heart of a global political and scientific scandal when he discovers that UN forces brought the disease to Haiti.

To escape blame, the UN called on scientific experts to spread the false notion that the epidemic was a "natural consequence" of climate change. Piarroux recounts his hope and anger, unafraid to accuse the cowardly and praise the brave.

9782271125248 / 2019 / 298 PAGES / 22,00 €

} Odile Jacob



DIDIER HOUSSIN

} FACE AU RISQUE ÉPIDÉMIQUE

CONFRONTING
EPIDEMICS

How to prepare in the face of new epidemics.

The purpose of book is to help us learn from past crises and improve health and safety protocols. Nowadays, major epidemics should be seen as natural catastrophes to be anticipated and prepared for rather than submitted to. An essential meditation on the health and safety precautions that need establishing for the future and a crucial analysis by an expert in health and medical policies. Didier Houssin is the chairman of the WHO Emergency Committee, which evaluates and responds to public health crises, including the current coronavirus pandemic.

9782738130457 / 2014 / 304 PAGES / 24,90 €

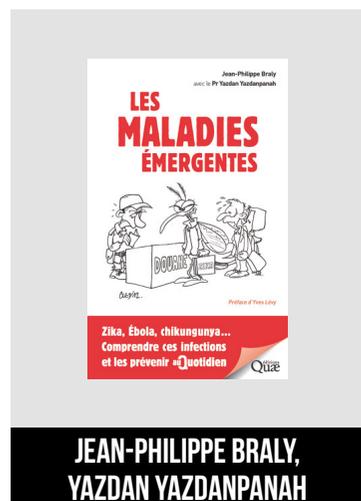
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› Quae



FIND OUT MORE
> 600 copies sold

› LES MALADIES ÉMERGENTES: ZIKA, ÉBOLA, CHIKUNGUNYA... COMPRENDRE CES INFECTIONS ET LES PRÉVENIR AU QUOTIDIEN

EMERGING DISEASES: ZIKA, ÉBOLA, CHIKUNGUNYA UNDERSTANDING AND PREVENTING THEM IN DAILY LIFE

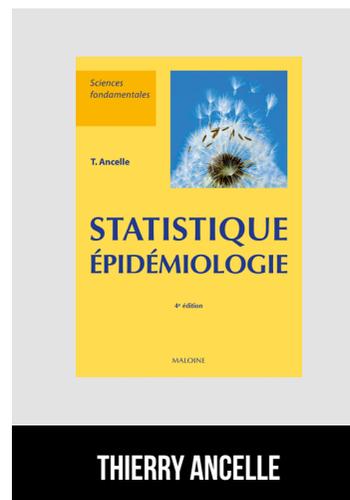
How to explain the emergence and/or re-emergence of several infectious diseases?

Zika, A/H1N1 influenza, Chikungunya, SARS, Ebola ... We are being hit hard by the emergence or re-emergence of a great many infectious diseases. What is behind this phenomenon? Could our modern lifestyles have something to do with it? In the light of the major epidemics that humanity has faced to date, what should we be preparing for in the future? How can we best protect ourselves? What is the latest research? In this book, renowned infectious disease specialists provide clear answers to many highly specific questions.

9782759225200 / 2016 / 160 PAGES / 17,00 €

Jean Arbeille jean.arbeille@inrae.fr

› Maloine



FIND OUT MORE
> 4th Edition

› STATISTIQUE ÉPIDÉMIOLOGUES

STATISTICS AND EPIDEMIOLOGY

A practical guide to better understanding the fields of statistics and epidemiology.

This book is the key to making the study of statistics and epidemiology engaging and comprehensive to medical students and health professionals alike (including doctors, pharmacists, biologists, nurses, paramedics, and veterinarians). Beginning with such fundamental principles as hypothesis formulation and risk of error, this book provides a number of examples and exercises that show how to select the most appropriate statistical tests to use when conducting a given study or epidemiological survey.

9782224035228 / 2017 / 352 PAGES / 40,00 €

Sarah Larsen slarsen@vigot.fr

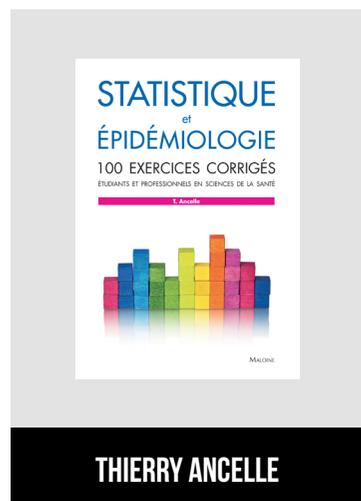
Epidemics

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} Maloine

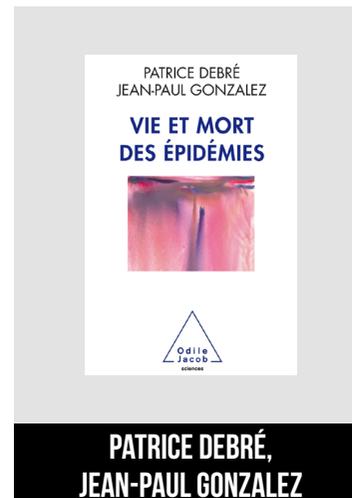
} STATISTIQUE ET ÉPIDÉMIOLOGIE :
100 EXERCICES CORRIGÉSSTATISTICS AND
EPIDEMIOLOGY:
100 CORRECTED EXERCISES

100 exercises covering the essential parts of introductory and standard statistics for healthcare professionals, as well as basic methods in epidemiology.

Learning statistical concepts and methods often requires immediate and repetitive application. Through practice and the use of different approaches, the application of the theoretical principles presented in class becomes easier. Students new to statistics will find in this book 60 statistical exercises and 40 epidemiological exercises with an emphasis on method implementation and the interpretation of results

9782224034719 / 2016 / 112 PAGES / 17,00 €

} Odile Jacob



} VIE ET MORT DES ÉPIDÉMIES

THE LIFE CYCLE
OF THE
EPIDEMIC

The emergence of infectious diseases is a phenomenon that is part of the very logic of life itself.

"New diseases" seem to keep arising out of nowhere to threaten humanity. But actually, as the authors show us, the emergence of diseases (parasite-borne, plagues) is simply one of the logical outcomes of life itself. While their total eradication may be impossible, we can make sure we are well prepared for a struggle unlikely to disappear.

Professor Patrice Debré is head of immunology at Pitié-Salpêtrière Hospital in Paris. Virologist Jean-Paul Gonzalez is Director General of the International Medical Research Centre of Franceville, Gabon.

9782738129734 / 2013 / 288 PAGES / 23,90 €

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Simplified Chinese (Beijing Fonghong Books - 2020)

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> "An exciting essay from two specialists of an unseen world"
Livres Hebdo

"One of the original things about this book is how it puts epidemics back in their historical and geopolitical contexts"
Le Figaro

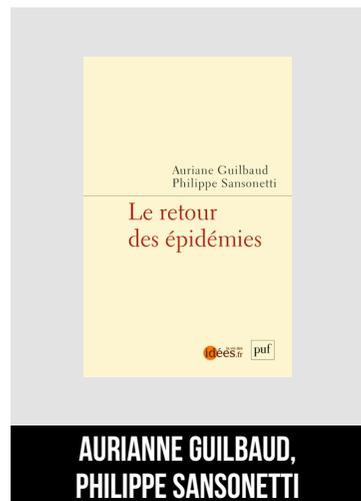
Epidemics

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} Presses Universitaires de France

AURIANNE GUILBAUD,
PHILIPPE SANSONETTI

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> From the «Life of Ideas» series

} LE RETOUR DES ÉPIDÉMIES

THE RETURN
OF EPIDEMICS

This work examines a few of the epidemics affecting the world population in the early 21st century, analyzing the social, political, and scientific stakes.

Despite scientific progress and the development of public health standards, diseases known to us for centuries continue to wreak havoc (cholera, malaria), while new ones capable of swift dissemination emerge (AIDS, SARS).

Since the late 20th century, the possibility of a truly global pandemic has given rise to a feeling of vulnerability, reigniting fears of returning to an age when humanity was unable to check its spread. Why have these diseases returned, and become epidemics? How can we fight them?

9782130650706 / 2015 / 112 PAGES / 9,50 €

History

- General Works
- Covid-19
- Epidemics
- Essays
- Public Health
- Health and the Environment
- Patients, Caregivers
- Medicine and Technology
- Microbiology, Immunology
- Genetics
- Chronic Diseases
- Natural Medicine and Health Practises
- Vaccines, Medications

› Point



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Castilian, Italian, Polish, Portuguese

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> 14,000 copies sold in France

› HISTOIRE DES PRATIQUES DE SANTÉ.
LE SAIN ET LE MALSAIN DEPUIS LE MOYEN ÂGE

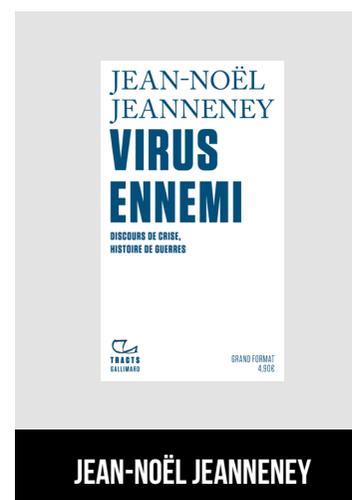
A HISTORY OF HEALTH PRACTICES: THE CLEAN AND THE UNCLEAN SINCE THE MIDDLE AGES

Elixirs, potions, dietary restrictions: the art of trying to live longer has deep roots in tradition.

This book explores various methods of self-care: its presence in the most basic actions, its interference with science and beliefs; its ties to the body's self-image, the resistance to epidemics as well as the defense of cities; and the very slow process of implementation of public initiatives. This history emphasizes how the frontiers between the "healthy" and the "unhealthy" have shifted over time. Physical thresholds of pain, the visual appearance of the sickly and their afflictions vary from civilization to civilization.

9782020371230 / 1999 / 416 PAGES / 10,50 €

› Gallimard



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> 12,000-copy initial print run

› VIRUS ENNEMI ; DISCOURS DE CRISE, HISTOIRE DE GUERRES

ENEMY VIRUS: A DISCOURSE ON CRISIS, HISTORY, AND WARS

How effective is democracy against the relentless assaults of totalitarian passions at the heart of the maelstrom?

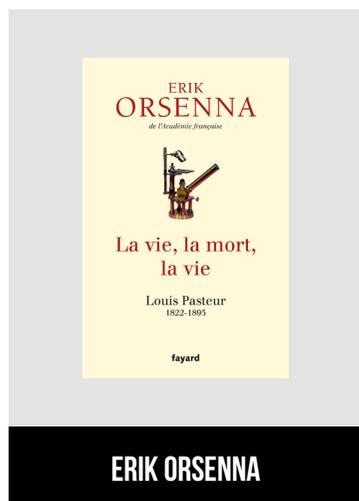
When considering the 20th century's two world wars and the current COVID-19 health crisis, a historian might find many commonalities that encourage reflection amidst our present anxiety, be they the irruption of the unforeseen unsettling our idle tranquillity; emotional distress and courage; selfishness and generosity; spontaneous solidarity and devastating inequalities; the unrelenting contest between rumour and truth; the excesses of the all-powerful market and lifesaving State supervision; endangered freedoms and consenting to exceptional temporary measures.

9782072912832 / 2020 / 64 PAGES / 4,90 €

History

General Works Covid-19 Epidemics Essays Public Health Health and the Environment
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› Fayard



› LA VIE, LA MORT, LA VIE

LIFE, DEATH, AND LIFE AGAIN

An ode to a great man, Louis Pasteur (1822 - 1895), whose work is of particular significance today.

This is at once a biography of Louis Pasteur's life, but also a personal essay by Erik Orsenna, which was inspired by the fact that he occupies the same chair at the Académie française as Pasteur himself once did. Embarrassed by his own ignorance about biology, Orsenna sets about studying the career of the great biologist, whose findings continue to impact our daily lives even now. Along the way, Orsenna also makes discoveries about the man himself, and his love for and partnership with Marie Pasteur.

9782213682600 / 2015 / 198 PAGES / 18,00 €

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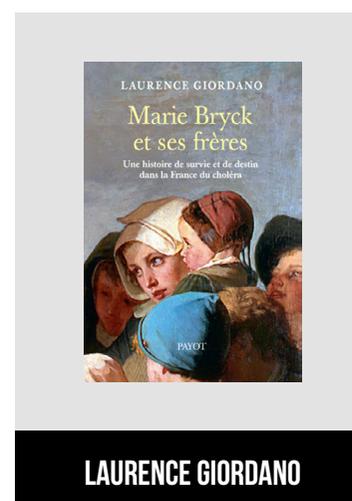
Tamoul (Thadagam)

FIND OUT MORE

- > More than 100,000 copies sold in France to date.
- > Audiobook rights sold to Audible.

Carole Saudejaud csaudejaud@editions-fayard.fr

› Editions Payot



› MARIE BRICK ET SES FRÈRES :
 UNE HISTOIRE DE SURVIE ET DE DESTIN
 DANS LA FRANCE DU CHOLÉRA

MARIE BRYCK & HER BROTHERS: A STORY OF SURVIVAL AND FATE IN FRANCE IN THE TIME OF CHOLERA

The life and times of three children of the 19th century, in a France terrorized by the cholera pandemic.

This book reconstructs the journeys of three lower-class 19th-century children who moved to Paris with their parents and were orphaned by cholera. Taken in by institutions, placed in separate homes, and mistreated, these victims of the chaos caused by the pandemic struggled to survive and escape poverty. Through these "little lives" Laurence Giordano details the torments devised by society and suffered by the poor, who adapt, resist, and all too often, succumb.

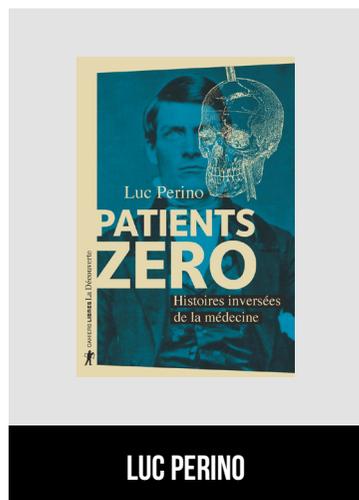
9782228926744 / 2020 / 224 PAGES / 16,50 €

Marie-Martine Serrano mm.serrano@payotrivages.com

History

General Works Covid-19 Epidemics Essays Public Health Health and the Environment
 Patients, Caregivers Medicine and Technology Microbiology, Immunology
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} La Découverte



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Chinese (traditional), Japanese

} PATIENTS ZÉRO

PATIENT
ZEROS

Stories from the annals of medicine where the heroes are the patients, not the doctors!

A “patient zero” is a patient on whom a new diagnosis is based. Fine-tuned like short fiction, these accounts of patient zeroes tell a different story about medical history: stories of how healthcare is reverse-engineered. Some of these cases are famous, like young Joseph Meister, the first patient ever to be vaccinated against rabies, by Pasteur.

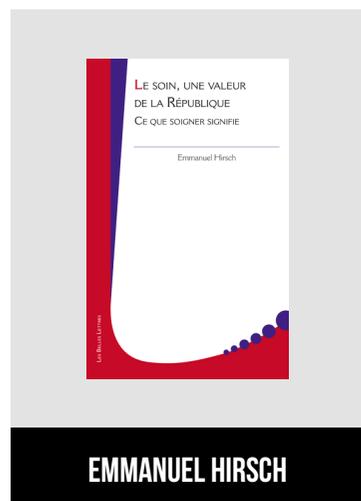
However, most of them are unknown. Through their lens, this book examines the vicissitudes, excesses, and errors of medicine from the past to the present.

9782348058646 / 2020 / 212 PAGES / 18,00 €

Essays

- General Works
- Covid-19
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- Medicine and Technology
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- Natural Medicine and Health Practises
- Vaccines, Medications

› Les Belles Lettres



› LE SOIN, UNE VALEUR DE LA RÉPUBLIQUE

CAREGIVING: A DEMOCRATIC VALUE

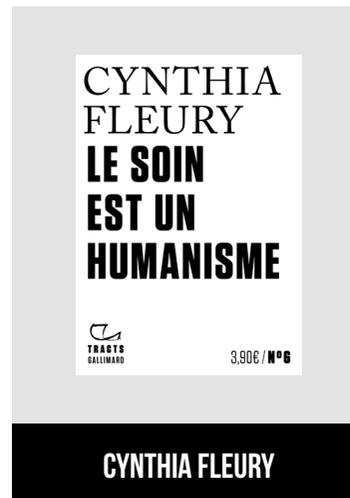
A welcome interrogation of the values that constitute caregiving in democratic life.

How can we conceive a shared ethic that serves the values of the city? Doesn't the attention paid to the sick shed light on the social bond? What does it mean to care for others and devote attention to them in a context where individualism, solitude, and the culture of the present moment seem to alter the principles that bring people together around common commitments? This book is informed by a personal journey and direct contact with dementia, pain, hospice care, and serious illnesses, undertaken in order to better understand the ethical issues involved.

9782251430386 / 2016 / 224 PAGES / 23,00 €

Nicolas Filicic n.filicic@lesbelleslettres.com

› Gallimard



› LE SOIN EST UN HUMANISME

CAREGIVING AND HUMANISM

The social and ethical goals a society collectively sets itself for the good of its citizens should light our way forward, not the tools invented by a mercantile and technologically-driven world.

Cynthia Fleury gives voice to the great humanistic principles that are the foundation of her actions as a philosopher and psychoanalyst within the hospital system. The question of the availability of treatment—and of the conditions in which it is provided and administered—has become the focus of our social preoccupations, and it provides the basis for a critical and humanistic interrogation central to current medical practices and the political, scientific, economic, and cultural factors that determine them.

9782072859878 / 2019 / 48 PAGES / 3,90 €

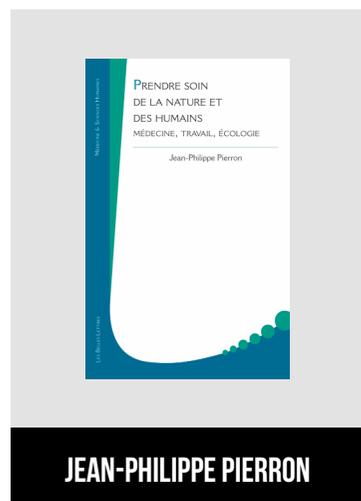
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Judith Rosenzweig judith.rosenzweig@gallimard.fr

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› PRENDRE SOIN DE LA NATURE ET DES HUMAINS. MÉDECINE, TRAVAIL, ÉCOLOGIE

CARING FOR NATURE AND HUMANS: MEDICINE, WORK, ECOLOGY

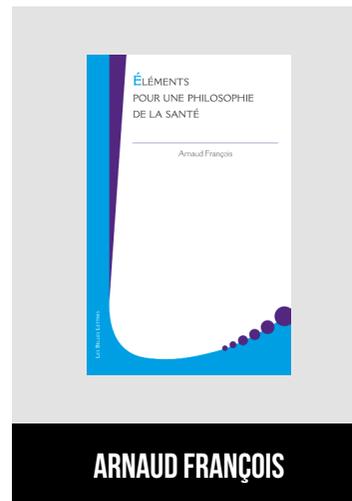
Philosophies of *caring*, in the diverse fields where it applies, are united by their approach: increased attention to the world.

The thesis of this book is that we must approach the world with care and that a "relational anthropology" allows us to think about this care, in the worlds of both medicine and work, and with regard to the environment. As a critical category, the requirement of care enables us to link fields often considered disparate. In contrast to the general approach of exploiting the world, care invites attention to human relationships and the different forms of vulnerability.

9782251449227 / 2020 / 526 PAGES / 29,00 €

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› ÉLÉMENTS POUR UNE PHILOSOPHIE DE LA SANTÉ

ELEMENTS TOWARD A PHILOSOPHY OF HEALTH

Is health merely the absence of illness? Can healthiness be defined as an experience in and of it itself, or must we call no man healthy till he is dead?

Notions of health and illness are extremely delicate to discuss due to the ideological weight they carry, not to mention their inexactitude, which no doubt cannot be simplified. Nevertheless, they are central to our experience and to today's political issues. Combining medicine, biology, and the human sciences, this study compares the approaches of thinkers such as Canguilhem, Boorse, Engelhardt, and Nordenfelt.

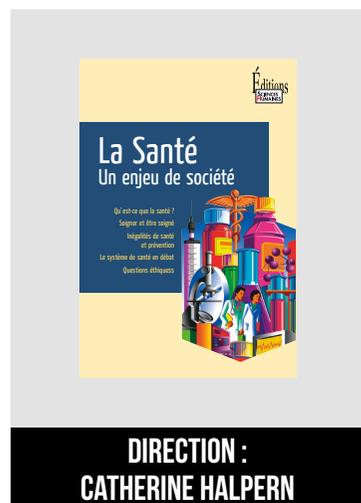
9782251446615 / 2017 / 288 PAGES / 25,50 €

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HEALTH: WHAT'S AT STAKE FOR SOCIETY?

Health issues through the lens of the human sciences.

Health is an issue for our society, our culture, our politics, our ethical principles. In this sense, the human sciences are constantly being called upon to explore all the facets of a vast field.

This book provides diverse points of view to better understand health in all its aspects, giving the floor to specialists from various disciplines: historians, sociologists, health economists, psychologists, doctors, nurses, ergonomists... A reference tool for all, from private individuals to professionals.

9782912601933 / 2010 / 352 PAGES / 25,40 €

↳ Le Cavalier bleu



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TOWARDS A CARING SOCIETY: A POLITICS OF CAREGIVING

The future of caregiving is a major issue in the world we share, and one still too little-known.

The subject of much study across the Atlantic, caregiving has also been the focus of genuinely interdisciplinary efforts led by both male and female French researchers: philosophers, sociologists, psychologists, political scientists, etc.

Over the last 15 years, a "French school of care" has emerged and gained prominence. The future of caregiving is a major issue in the world we share, and one still too little-explored. This book provides multiple viewpoints to help give readers an overview of the subject and, in their own way, contribute.

9791031803722 / 2019 / 184 PAGES / 20,00 €

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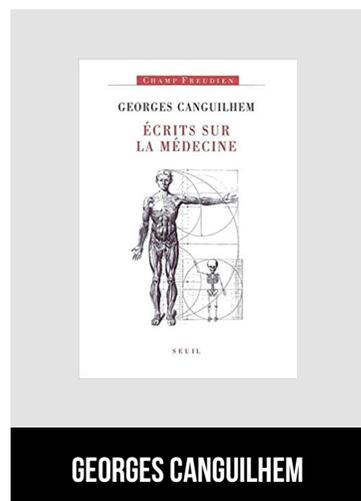
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A searing, brilliant addition to a body of work that continues to shed light on for today's medical thought.

In this series of interventions, Georges Canguilhem invites us to a criticism of medical reason. Readers scan thus ask themselves the good and ceaselessly renewed questions about Nature as doctor, the relationships between patient and doctor, and patient and disease, and the threats about their dissociation; treatments, the ways and effects of scientific medicine; health and the lies of its silences as well as the metaphor traps it can create.

9782020551700 / 2002 / 128 PAGES / 17,20 €

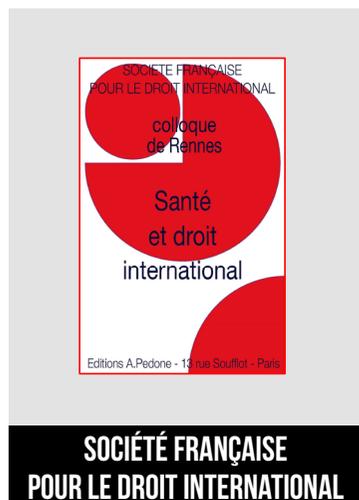
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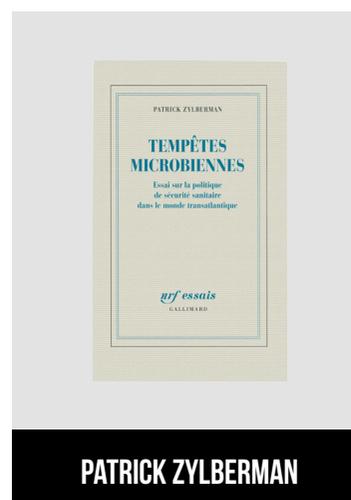
INTERNATIONAL
HEALTHCARE
LAW

International healthcare law: its existence, validity, and future.

This book compiles the proceedings of the 2018 SFDI (French Society for International Law, www.sfdi.org) colloquium devoted to international healthcare law. It analyses health issues from a global and multidisciplinary perspective, including but not limited to the status of healthcare under international law and the main rules of international healthcare law: not only WTO litigations and jurisprudence, but also contemporary issues such as access to healthcare, healthcare IT, and regionalization of healthcare regulations.

9782233009104 / 2019 / 512 PAGES / 70,00 €

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ESSAI SUR LA POLITIQUE DE SÉCURITÉ
SANITAIRE DANS LE MONDE TRANSATLANTIQUEMICROBIAL
STORMS:
AN ESSAY ON THE HEALTH
SECURITY POLICIES OF
THE TRANSATLANTIC WORLD

In driving nations to adopt global solutions, concerns over health security, with their international scope, have contributed to the crisis of the nation-state.

A specter haunts the Western powers: biological terrorism. The idea of the "microbial storm" betrays a considerable amplification in scope for health security. How did this worst-case-scenario logic start? What is actually at stake when it is applied to defense against bacterial threats? Patrick Zylberman clarifies three major areas: the heuristic role of fiction in the conceiving and testing of crisis management procedures; worst-case logic as a rational system of dealing with microbial crises; and the organization of public service bodies.

9782070140800 / 2013 / 612 PAGES / 26,90 €

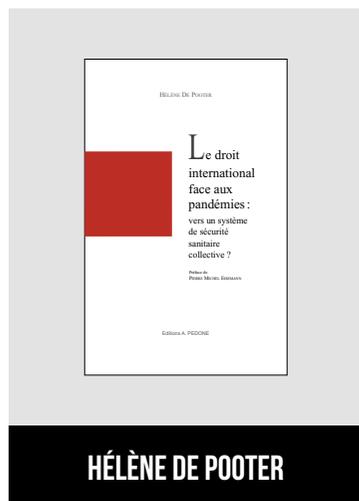
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- > 2013 Thesis Prize from the Institut of Advanced National Defense Studies (IHEDN).

} LE DROIT INTERNATIONAL FACE AUX PANDÉMIES :
VERS UN SYSTÈME DE SÉCURITÉ SANITAIRE
COLLECTIVE ?

INTERNATIONAL LAW AND PANDEMICS: TOWARDS A SYSTEM OF COLLECTIVE HEALTH SECURITY?

Faced with pandemics, is international law organized as "a system of collective health security" ?

Faced with a pandemic, international law arguably bows to the organizational logic of systemizing healthcare and safety for the greatest number. But the largely imperfect nature of its results cannot be ignored, due as they are to the fact that international law is a collection of scattered fragments ill-suited to effectively comprehending the phenomenon of a pandemic.

9782233007377 / 2015 / 562 PAGES / 68,00 €

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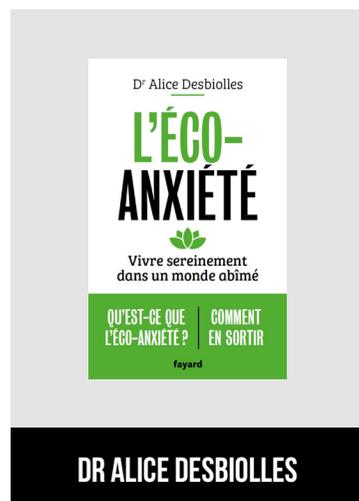
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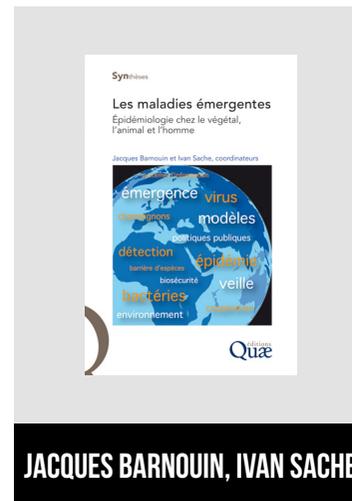
How to Live Serenely in a Damaged World

Dr Alice Desbiolles, a specialist in environmental medicine, explains how eco-anxiety, or “solastalgia”, is on the rise in modern society. After explaining its effects on both individuals and society at large, she shows how this condition can be simply and efficiently harnessed and used to bring about positive change, whether on a personal or a societal level.

Through her advice, everyone can learn how to go from being a passive worrier to an active environmentalist.

9782213717203 / 2020 / 240 PAGES / 18,00 €

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› LES MALADIES ÉMERGENTES. ÉPIDÉMIOLOGIE CHEZ LE VÉGÉTAL, L'ANIMAL ET L'HOMME

EMERGING DISEASES: EPIDEMIOLOGY AMONG ANIMAL, VEGETABLE, AND HUMAN

The first study of epidemiological issues in an interdisciplinary fashion across human, animal, AND vegetable lines.

Emerging diseases cause potentially devastating health crises and are a major issue for plant, animal, and human health. Difficult to anticipate, as they are both new and unpredictable, they invite a multi-disciplinary approach. This book specifically studies them through actual cases of biological detection, analyzing instances of emergence, their statistical processing, and their determining environmental factors.

9782759205103 / 2010 / 446 PAGES / 25,00 €

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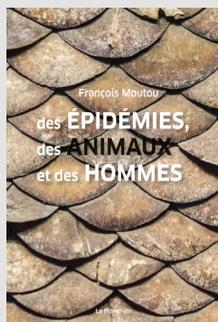
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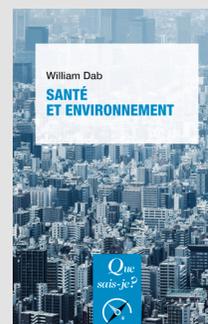
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EPIDEMICS, ANIMALS, AND HUMANS

Why is a health crisis also an environmental crisis?

COVID-19 is responsible for a seemingly unprecedented world health crisis, but in fact, it has precedents: SARS, AIDS, Mad Cow disease, avian flu, rabies, Ebola, Chikungunya... Are these emerging or re-emerging diseases inevitable, with the only possible response being self-quarantine? Or do they point to our increasingly questionable relationship with the natural world around us?

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HEALTH AND THE ENVIRONMENT

We all have the right to live in a balanced and healthy environment.

No one would deny the environment affects our health, but it's hard to estimate the consequences of exposure to various environmental factors, since the risks are not directly observable.

This work lays out methods for evaluating risks connected to the environment and ways for managing them given the uncertainty of our data. It shows how an approach to sound environmental policy based on the highly rational principle of precaution is not only possible but needed, and not only in media-sensationalized moments of crisis.

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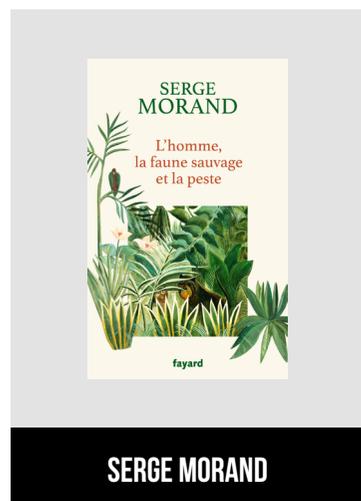
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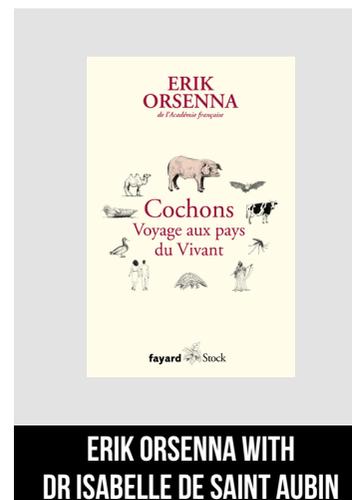
HUMAN BEINGS, WILD LIFE AND A CONTEMPORARY PLAGUE

On the necessity of learning to coexist with untamed nature in order to prevent future pandemics.

Renowned scientist, ecologist, and researcher Serge Morand responds to the current pandemic, explaining why humans are solely to blame for their current predicament. He demonstrates that our impact on the environment and wildlife, through intensive farming and the destruction of wild animals' natural habitats, is directly linked to the spread of disease from animals to man. The only solution for the future, he argues, is for man to learn to coexist in harmony with untamed nature. Without drastic change now, we are doomed to face more pandemics in the future.

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PIGS: JOURNEY TO THE LAND OF THE LIVING

A fascinating essay on globalization and its effects, told through the story of our relationship with pigs and other animals.

On a tour of the world to understand the mechanics of globalization, Erik Orsenna and Dr. Isabelle de Saint Aubin turn their attention to our relationship with animals, and in particular with pigs, the most-consumed animal in the world. They show how these creatures, who are in fact so similar to humans, have borne the costs of our globalized world, and how, in a vicious circle, raising them contributes to the destruction of the natural habitats of wild animals. Everything is connected, and through the pig, we learn about the unity of all life.

9782213712871 / 2020 / 400 PAGES / 22,00 €

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› AIDANTS, CES INVISIBLES

CAREGIVERS: INVISIBLE HELPERS

This work takes stock of the situation faced by caregivers throughout the world: so many and yet so rarely acknowledged. A burning topic that concerns us all.

Millions of people take care of sick or disabled family members every day. These caregivers often put their work, schooling, and even their health at risk, not to mention their time and effort. Dr Hélène Rossinot gives us the first major analysis on this burning issue. This book makes us aware that this subject concerns us all, forcing us to take a different look at these people who disrupt their daily lives out of love.

9791032906422 / 2019 / 176 PAGES / 17,00 €

› Michel Lafon



› JE SUIS LÀ

HERE FOR YOU

An indispensable guide for all caregivers.

With a generous dose of humanity, *Here for You* highlights the indispensable role caregivers play and shares precious tips to help them manage the pressure. Drawing on 15 years' experience as a clinician, Dr. Marchand Pansart outlines a path of kindness and understanding to help you care for others without losing yourself in the process. Full of practical tips, his book offers advice on how to manage emotionally charged decisions, handle refusals of treatment, and make choices about seeking outside help or placement in a retirement home.

9782749940830 / 2020 / 240 PAGES / 17,95 €

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This study addresses the patient's inner experience of illness, analyzing an aspect too often overlooked or outright denied in healthcare protocols: something we have dubbed an "injury to identity". For illness often leads to a process of intimate self-devaluation in the patient, feelings of failure that can have a profound impact on self-esteem. Effects from the physical changes that illness imposes can extend far beneath the surface, causing deep-seated turmoil and distress, sometimes even verging on self-hatred.

9782130624950 / 2014 / 88 PAGES / 8,00 €

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Jean-Christophe Mino analyzes interactions with patients in an ICU, demonstrating that in healthcare, the dichotomy between technical and relationship skills is in need of reframing.

Merging technical skills with patient relations is part of a longstanding effort to control the degree to which medical care is personalized. Factors include the healthcare worker's overall attitude, availability, and bedside manner; their way of listening, asking and answering questions, providing (or withholding) information, making decisions, prescribing treatments, and handling bodily contact. Far more than grace notes, such human touches help maintain a delicate balance between objectivity, advocacy, and compassion in the care provided.

9782130595380 / 2012 / 64 PAGES / 7,00 €

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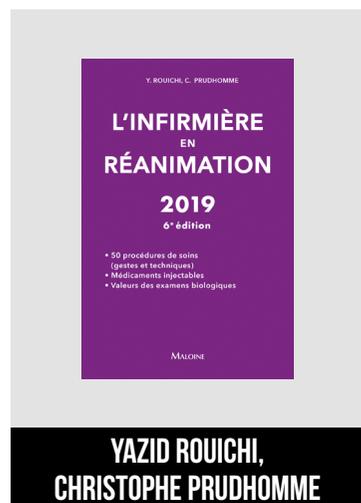
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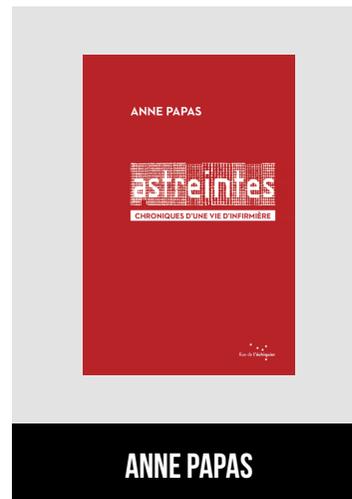
A Pocket guide to daily practice in resuscitation services for nurses and nursing students.

This book includes a series of summary cards detailing 50 essential actions and techniques, a presentation of the injectable drugs employed in intensive care that require special precautions, as well as appendices that provide reminders of major biological tests and their common results.

This new edition has been updated and enhanced in order to integrate how the techniques described have evolved.

9782224035679 / 2012 / 452 PAGES / 34,00 €

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Nobody's nun, nobody's nursemaid, and nobody's fool.

This moving and eye-opening chronicle of a nursing career gradually fleshes out the portrait of a widely appreciated profession whose day-to-day reality is often misunderstood. Formal training, practical experience, confrontations with difficult patients, salary issues, handling a patient's loved ones, internal conflicts within a hospital—these personal anecdotes bring to light the very human character of nursing as a profession, and the lasting inner repercussions of being in such close contact with other people's pain and suffering.

9782374250595 / 2017 / 160 PAGES / 15,00 €

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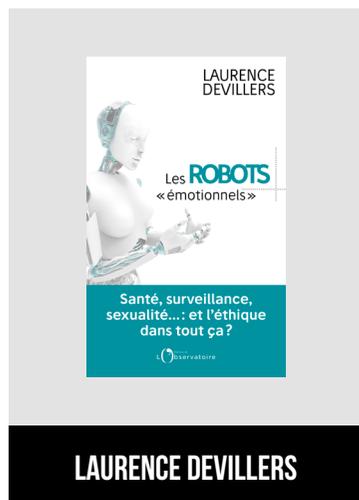
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› LES ROBOTS ÉMOTIONNELS

EMOTIONAL ROBOTS

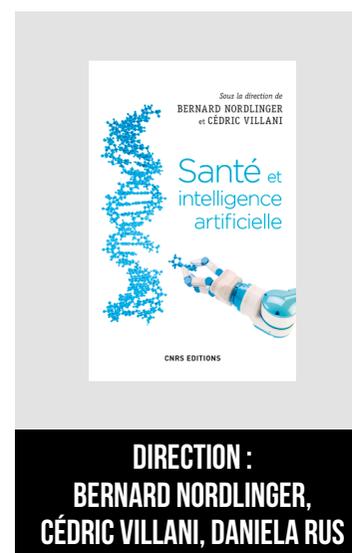
A reference book on emotional artificial intelligence by a world-renowned specialist.

We must prepare ourselves : tomorrow, robots and other humanoid figures will be able to detect our emotions with increasing acuity. These "artificial friends" will occupy a growing place in society. While their role may be extremely positive, especially in the field of health, the risks of manipulation are real.

And what about ethics in all this? Laurence Devillers asks central questions of responsibility regarding the applications of these "emotional" robots within society and the stakes they represent for our human dignity.

979 1032901984 / 2019 / 272 PAGES / 20,00 €

› CNRS Editions



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HEALTH AND ARTIFICIAL INTELLIGENCE

The benefits of hindsight and a global vision for experts and non-experts alike, eager to learn about a timely and important subject: AI.

We are preparing in all walks of life to experience the upheavals that artificial intelligence will bring. This book provides an overview of AI in medicine, and of the issues at the intersection of mathematics, informatics, and medicine. The AI revolution involves new ways of training healthcare professionals and issues challenges both technical and technological (the volume of data) as well as ethical and legal (data privacy), not to mention questions of trust when it comes to persuading people to overcome their reluctance.

9782271122735 / 2020 / 416 PAGES / 25,00 €

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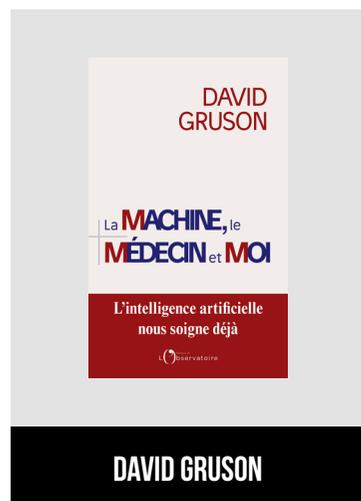
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› LA MACHINE, LE MÉDECIN ET MOI

MACHINES, MEDICINE, AND ME

Neither excessively alarmist, nor blindly enthusiastic, David Gruson attempts to do away with the hackneyed binaries all too common to the AI debate, providing instead a realistic portrait of a healthcare system in which humans, doctors, and machines are all essential elements.

Artificial intelligence is transforming medical and social fields, upending healthcare practices. The pace of these changes continues to accelerate. However, new techniques resulting from the advent of digital technology raise ethical issues that appear to be just as dizzying as the technological and therapeutic advances obtained. "Big data" enables the accumulation of data on our health, including complete knowledge of our genomes. AI will thus be able to solve medical problems... and even predict them!

9791032904770 / 2019 / 160 PAGES / 16,00 €

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› LA MÉDECINE PERSONNALISÉE.
UN ESSAI PHILOSOPHIQUE.

PERSONALIZED HEALTHCARE: A PHILOSOPHICAL ESSAY

Personalized healthcare is a new horizon in healthcare on an international scape, with much to offer, and yet...

How does personalized healthcare differ from what physicians have always provided: namely, tailoring their diagnoses and prescriptions to each patient? How is healthcare based on the capacity to acquire, store, and process data "personalized"? Isn't that just an ever more impersonal intensification of a technological approach? This book probes the tension between patient-centered care and an ultra-technological process that, in reducing individuals to molecular units, appeals primarily to the healthcare industry and authorities.

9782251430379 / 2016 / 432 PAGES / 23,50 €

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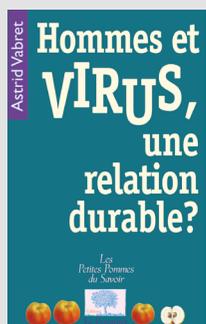
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> From the series "Little Apples of Knowledge»

› HOMMES ET VIRUS UNE RELATION DURABLE ?

HUMANS AND VIRUSES: A SUSTAINABLE RELATIONSHIP?

Viruses have always been with us.

Of our shared history with viruses, we recall only the tragic side: the best-known viruses are serial killers responsible for murderous epidemics. We feel a certain fear for them, mixed with admiration. In fact, they are biological entities of disarming simplicity when it comes to their incredible capacity for adaptation...

Gradually, the brighter side of the story comes to light: viruses are at the frontier between the living and the inert. They are part of our genetic heritage, and play a major role in our evolution.

9782746503953 / 2008 / 160 PAGES / 4,99 €



JULES HOFFMANN

› L'IMMUNITÉ INNÉE

INNATE IMMUNITY

A lively book by a major biologist opens the door to immunology.

As with all vertebrates, adaptive immunity among humans develops when lymphocytes present in the blood have already been in contact with a pathogenic agent and learned to defend themselves from it. Jules Hoffmann worked with insects and noticed they never developed infections. He theorized the presence of an "innate" immuno-response whose existence was later identified in humans. Only then was the "missing link" in our account of the human immune mechanism discovered.

9782271127112 / 2019 / 96 PAGES / 8,00 €

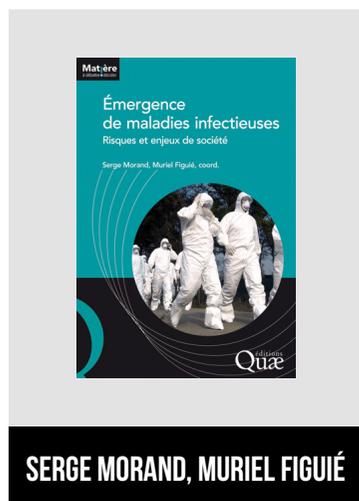
Microbiology, Immunology

General Works Covid-19 Epidemics History Essays Public Health

Health and the Environment Patient, Caregivers Medicine and Technology

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↳ Quae



↳ EMERGENCE DE MALADIES INFECTIEUSES. RISQUES ET ENJEUX DE SOCIÉTÉ

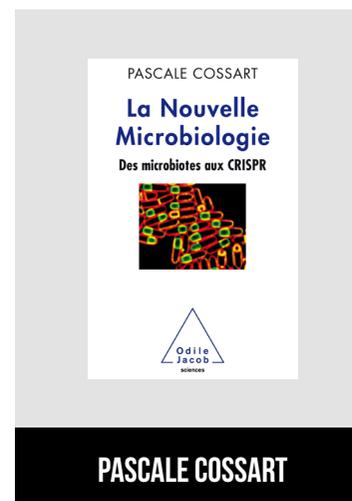
THE EMERGENCE OF INFECTIOUS DISEASES: DANGERS AND SOCIAL ISSUES

An analysis of the health hazards, challenges, and social issues linked to emerging infectious diseases.

Severe acute respiratory syndrome (SARS), avian flu, the Ebola virus, and Middle East respiratory syndrome coronavirus (MERS-CoV) are increasingly attracting the attention of scientists, risk managers, the media, and the general public. Specialists analyse the ecological, social, institutional, and political dynamics associated with emerging infectious diseases. They show the challenges but also the opportunities faced by the players confronting these diseases.

9782759224906 / 2016 / 136 PAGES / 19,00 €

↳ Odile Jacob



↳ LA NOUVELLE MICROBIOLOGIE

THE NEW MICROBIOLOGY

Microbes aren't what you thought they were anymore!

Wildly diverse and far more often helpful than harmful, microbes live in complex societies, able to communicate with each other and live symbiotically with their host organisms. From antibiotic-resistant strains to the squid's luminescent bacteria, the eradication of malarial mosquitos to "terrorist" bacteria and the mysteries of gut flora, here is a comprehensive overview of microbiology.

Permanent Secretary of the Academy of Sciences, Professor Pascale Cossart of the Pasteur Institute has won many international prizes.

9782738133311 / 2016 / 256 PAGES / 23,90 €

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English (ASM), Japanese (Misuzu Shobo), Turkish (Nobeltip)

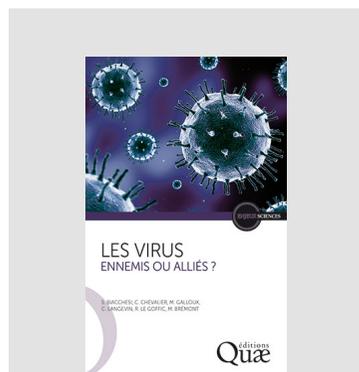
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↳ Quae



**STÉPHANE BIACCHESI,
CHRISTOPHE CHEVALIER,
MARIE GALLOUX,
CHRISTELLE LANGEVIN,
RONAN LE GOFFIC,
MICHEL BRÉMONT**

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> 700 copies sold

↳ LES VIRUS. ENNEMIS OU ALLIÉS ?

THE VIRUS: FRIEND OR FOE?

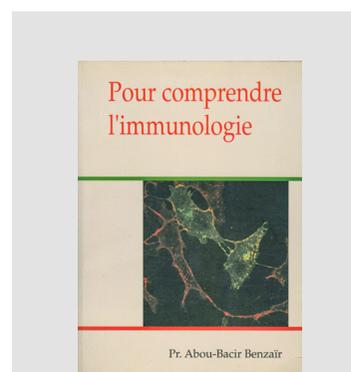
Not all viruses are our enemies!

Flu, measles, gastro-enteritis.. the list goes on. Throughout our lives, we regularly cross paths with viruses. Others such as the Zika virus, H1N1, and Ebola make the headlines. In this book, readers will find descriptions of a wide variety of viruses and how they're transmitted.

You'll learn about the multiplication process at work. You'll also find out why they cause illnesses and sometimes kill, how to fight them, and even how to use them to control other diseases.

9782759226269 / 2017 / 112 PAGES / 16,00 €

↳ Désiris



ABOU-BACIR BENZAIR

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English (ASM), Japanese
(Misuzu Shobo), Turkish (Nobeltip)

↳ POUR COMPRENDRE L'IMMUNOLOGIE

UNDERSTANDING IMMUNOLOGY

A thorough and accessible overview of immunology's key concepts.

Without the immune system, humans would perish. We are surrounded at all times by more or less pathogenic microorganisms that threaten our existence. Nature has provided us with an efficient means of defense: the immune system, a complex mechanism with a fragile equilibrium that safeguards its integrity.

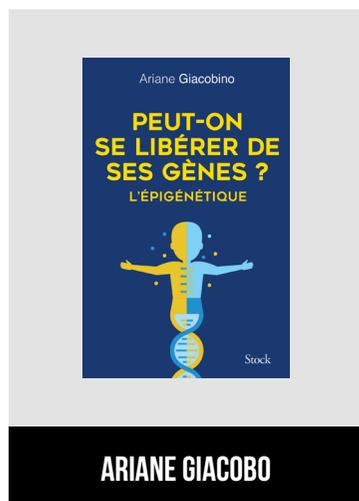
9782907653572 / 1999 / 142 PAGES / 25,15 €

Genetics

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› Que sais-je?



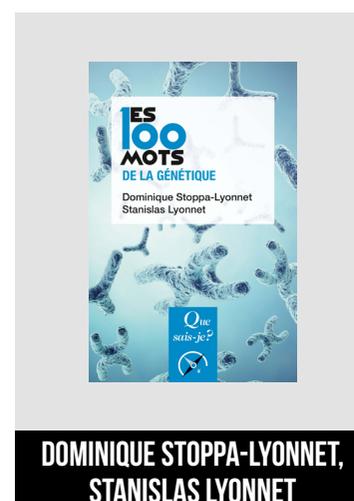
› PEUT-ON SE LIBÉRER DE SES GÈNES ?

EMANCIPATING OURSELVES FROM OUR GENES

In which we learn that our environment can modify our DNA!

Let's dive into the world of epigenetics: a new science that proves our genetic make-up, once believed to be immutable, is in fact flexible. Pollutants, stress, diet, trauma: all of these have a biological influence on how our DNA is expressed. Once transformed, these genes will no longer function in the same way. It's as if they were scarred, and sometimes we can pass these scars on to our children. More astonishing still: these changes are reversible! Epigenetics brings with it the promise of personalized medication and treatment.

9782234084926 / 2018 / 340 PAGES / 19,00 €



› LES 100 MOTS DE LA GÉNÉTIQUE

GENETICS: 100 KEYWORDS

An overview of genetics and the ethical questions it raises, in 100 keywords.

Genetics fascinates us with the progress it makes possible and promises for the future, but it also inspires defiance in how it objectifies human beings. For it raises considerable ethical issues: commercialization of the human genome, cloning, medically-assisted reproduction...

In an age when some idolize its powers and others live in ignorance of them, it is hard to have a calm and reasonable opinion. These 100 keywords are already a big step toward making sense of genetics: this book's humble ambition is to help readers take that step.

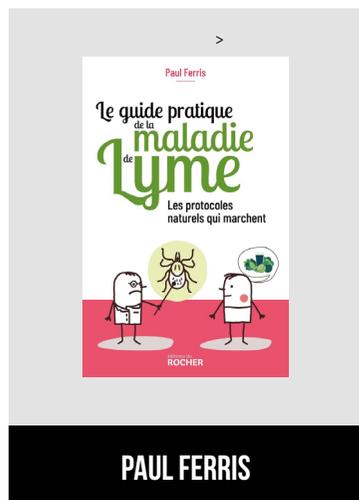
9782130734864 / 2017 / 128 PAGES / 9,00 €

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Japanese

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› Editions du Rocher



› LE GUIDE PRATIQUE DE LA MALADIE DE LYME

A PRACTICAL GUIDE TO LYME DISEASE

A handy and complete guide to Lyme Disease.

Tick-borne Lyme disease is now a genuine public health challenge, as difficult a disease to deal with as it is to diagnose. As there is no global and standard treatment currently available to patients, this book implements a gentle and global system of care by helping the patient analyze the symptoms and outline a stage-by-stage strategy based on 3 actions: how to eliminate disease bacteria naturally, how to fight symptoms, and how to reinforce one's natural defense system.

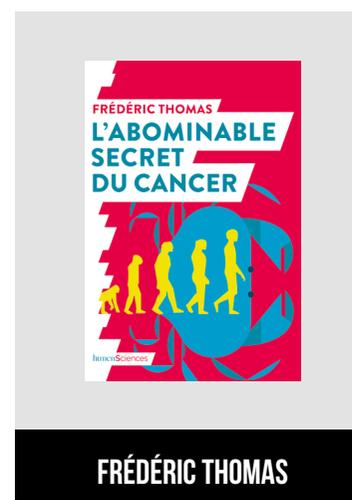
9782268103532 / 2020 / 288 PAGES / 18,90 €

FIND OUT MORE

- > 2,000 copies sold since March 2020.
- > Basic reference manual.

Pauline Misconi pauline.misconi@elidia.fr

› Humensciences



› L'ABOMINABLE SECRET DU CANCER

CANCER'S TERRIBLE SECRET

As-yet unexplored directions for cancer research give new hope.

Cancer is in fact a biological phenomenon that appeared more than half a billion years ago and has persisted through the evolution of many organisms, including the human species. And that changes everything. Our oldest enemy is governed by the same rules that govern all living systems. Thus it is in the light of evolutionary biology that we need to reconsider our approach. Thanks to a 150-year-old theory – that of Darwin, to be exact – we are finally beginning to understand the logic of cancer and can hope one day to stop it.

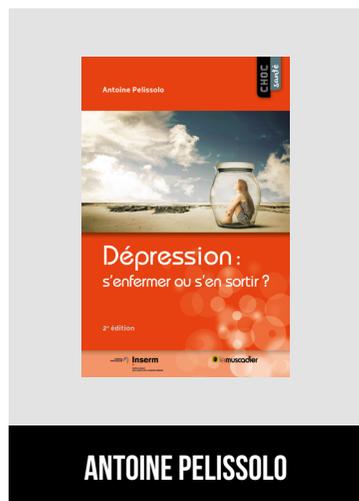
9782379310157 / 2019 / 314 PAGES / 22,00 €

Elisa Rodriguez elisa.rodriguez@humensis.com

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› Le Muscadier



ANTOINE PELISSOLO

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 > 5,000 copies sold

› DÉPRESSION : S'ENFERMER OU S'EN SORTIR

DEPRESSION: STAY LOCKED UP OR BREAK FREE! 2ND ED.

Learn to manage depression better, in yourself or a loved on.

Who hasn't said "I'm depressed!" when they're simply feeling blue or down in the dumps? But having depression is different: an actual condition that affects billions of people. In recent years, research has made great strides that often bring hope. An overview of the most recent discoveries about depression, this book will help readers better understand the condition, and improve the quality of life for their patients and loved ones.

**979 1096935000 / 2017 (1ST EDITION : 2015) /
 128 PAGES / 9,90 €**

› Stock



PATRIZIA PATERLINI-BRECHOT

RIGHTS SOLD
 Italian (went to auction with 5 bidders), Portuguese

FIND OUT MORE
 > 25,000 copies since publication
 > won the 2017 France Télévisions essay prize.

› TUER LE CANCER

KILLING CANCER

Can we detect cancer before the first symptoms even show? Spurred on by this hope, a female doctor and researcher has braved every obstacle to invent a revolutionary test.

For years, Patrizia Paterlini-Bréchot worked on developing experimental techniques for tracking tumor cells that circulate in the blood long before the first signs of cancer appear. Now, a simple blood test can detect precursors of an invasive cancer. This could save millions of lives in the future. Patrizia Paterlini-Bréchot sheds light on the personal journey that led her to this discovery. She is convinced that doctors should be focusing on early diagnosis. And this is a battle that concerns us all. The work of Patrizia Paterlini-Bréchot and her team has been recognized with several prizes in France and abroad. As a scientist, she is internationally renowned for her scientific rigor and her commitment to fighting cancer.

9782234080461 / 2017 / 288 PAGES / 19,50 €

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› Le Muscadier



› OBÉSITÉ : S'ENROBER OU S'EN TIRER ?

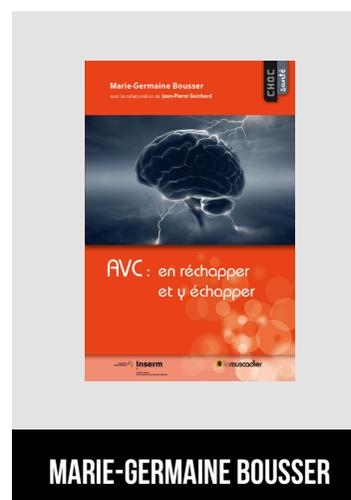
OBESITY: HIDE IN SHAME OR SHED THE POUNDS?

Remarkable futures for the fight against obesity.

The WHO estimates that almost 2 billion adults are overweight, of which over 650 million are obese. More than 40 million children under age 5 suffer from being overweight. In addition to its social and psychological impact, obesity can lead directly to certain diseases, such as Type 2 diabetes and cardiovascular conditions. Precise and informational, this book reviews current research as well as the most promising prospects for the care of patients and their loved ones.

9791090685314 / 2019 / 128 PAGES / 9,90 €

› Le Muscadier



› AVC : EN RÉCHAPPER ET Y ÉCHAPPER

STROKES: SURVIVING AND AVOIDING THEM

How to prevent and manage strokes.

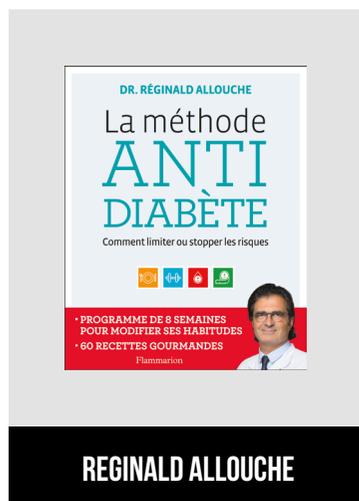
Half the people who survive strokes suffer lasting physical or mental consequences that require drastic changes to their lifestyle. That is why strokes are so feared, especially since they seem at once inevitable and to strike at random. In this intelligently illustrated informational book, readers will find the latest on strokes, with advice for minimizing risks, but also ways of handling life afterward should one strike.

9791090685550 / 2016 / 128 PAGES / 9,90 €

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› Flammarion



› LA MÉTHODE ANTI-DIABÈTE

THE ANTI-DIABETES METHOD

An effective method developed by a doctor specializing in diabetes and obesity.

Dr. Allouche gives prediabetic young people and “young” diabetics the keys to maintaining good health for as long as possible and avoiding Type 2 diabetes, or at least controlling it better.

He explains the different types of diabetes, their causes, treatments, and complications, and offers a test for readers to evaluate their own risk level, as well as a detailed, day-by-day 8-week program with menus, dietary and exercise advice, and 60 recipes to change your habits for good while still enjoying meals.

9782081359147 / 2015 / 240 PAGES / 19,90 €

› Stock



› A LA CONQUÊTE DU SOMMEIL

TO CONQUER SLEEP

A third of the world's population suffers from sleep issues. For Hugo Mercier, creator of the startup Dreem, sleeping well is living better.

Hugo Mercier's success story began when he discovered that scientists have been able to improve the quality of deep sleep in patients by stimulating the brain with sound at specific times during the night. In 2014, his start-up Dreem was born and Hugo entered the struggle against bad sleep. By giving an overview of the way in which our sleep functions and the source of our sleep troubles, Hugo Mercier shows that our productivity-obsessed society needs to make sleep one of the key health issues for mankind.

9782234085893 / 2019 / 288 PAGES / 19,00 €

HUGO MERCIER

FIND OUT MORE

> Hugo Mercier received his baccalaureate degree at age 14 and is a graduate of the École Polytechnique and the University of California at Berkeley in math and computing.

> He became a CEO at 25, and in 2017 was named one of the 35 best European innovators under 35 by MIT, and one of France's 30 most influential under 30 by *Vanity Fair*.

Chronic Diseases

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› Le Seuil



› TOXIQUE PLANÈTE – LE SCANDALE INVISIBLE DES MALADIES CHRONIQUES

TOXIC PLANET: THE INVISIBLE SCANDAL OF CHRONIC DISEASES

Chronic diseases are not a death sentence.

Today, 2 out of every 3 deaths in the world are due to chronic diseases. Faced with such a healthcare disaster, it is time we took action. Chronic diseases are neither the result of aging nor are they inevitable: rather, our modern environment is the cause. With observations based solidly on scientific research, André Cicolella gives readers the keys to the future: yes, chronic diseases can be beaten back, so long as we are willing to rethink our habits of living, work, and consumption!

9782021061451 / 2015 / 320 PAGES / 19,00 €

FIND OUT MORE
 > 6,000 copies sold in France

Maria Vlachou maria.vlachou@seuil.com

› Michel Lafon



› LA GUERRE DES TÉTONS

WAR OF THE BOOBS

Brave and humorous illustrated diary of the author's fight against breast cancer.

"Breast cancer": Lili is only 29 when she receives the dread diagnosis. Instead of giving up, she illustrates the tale of her battle with cancer in cartoons. Energetic and inhibition-free, Lili tackles every aspect of her new daily routine: from her diagnosis to the reactions of loved ones, her interactions with medical staff to her personal tips. Exams, treatments, symptoms, but also femininity, lifestyle, relationships: everything is self-deprecatingly dissected with an eye to informing, and never sensationalizing or normalizing her experience.

9782749925516 / 2015 / 224 PAGES / 14,95 €

Honorine Dupuy d'Angeac honorine@michel-lafon.com

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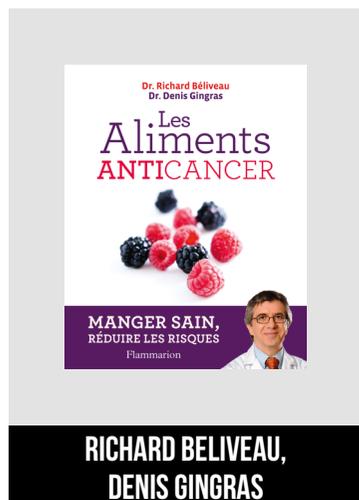
Microbiology, Immunology

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› LES ALIMENTS ANTICANCER

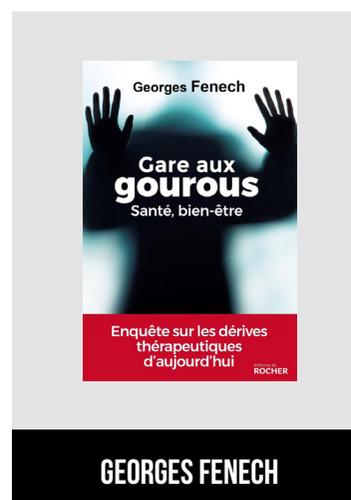
ANTI-CANCER FOODS

A clear, detailed book that raises our awareness of the power of our diet: currently one of the finest weapons at our disposal in fighting cancer.

Lifestyle plays a leading role when it comes to the risk of getting cancer. Almost a third of all cancers are directly related to our diet. After researching thousands of publications, doctors Richard Béliveau and Denis Gingras show that a balanced, varied diet with berries, cabbage, spices like turmeric, green tea, citrus fruits, and nuts – all of which possess cancer-fighting properties – contributes to reducing the risks of developing cancer.

9782081379077 / 2016 / 256 PAGES / 19,90 €

› Editions du Rocher



› GARE AUX GOUROUS

BEWARE THE GURU!

An investigation into the vagaries of the natural medicine and well-being industries.

This book explores a taboo subject: the vagaries of the natural or alternative medicine industry. It offers concrete proposals to fight the crises that have resulted as the industry strays from its proclaimed intentions, seizing upon new methods endemic to our modern world. Georges Fenech is an expert investigative reporter with a great deal of experience in protecting minors and vulnerable populations in the domains of healthcare and social phenomena, including sects.

9782268103600 / 2020 / 272 PAGES / 18,00 €

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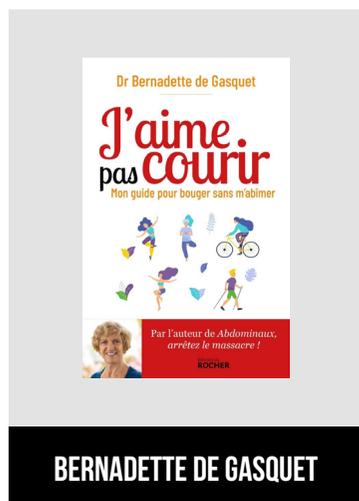
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› Editions du Rocher



› J'AIME PAS COURIR !

I HATE RUNNING!

Running is not the be-all and end-all of health!

These days, running is cited as the number one sport for getting in good shape. But its benefits aren't a given, while the potential harm it can do is just coming to light...

In her new book, Bernadette de Gasquet alerts readers to the dangers of running. She presents other "healthy ways to move", from yoga to biking, hiking to dancing, and even "good cardio" to help you enjoy the benefits of mobility on an ongoing basis in your daily life, no matter how old you are.

9782268 103136 / 2020 / 272 PAGES / 18,90 €

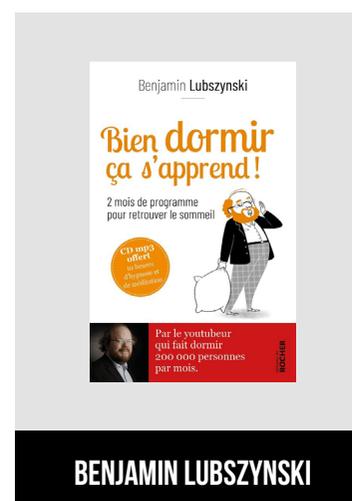
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Italian (Nuova Ipsa-2020)

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> 5,000 copies sold

› Editions du Rocher



› BIEN DORMIR ÇA S'APPREND !

LEARN TO SLEEP WELL!

Self-hypnosis as a method for learning how to sleep again in 2 months.

A guide from the most popular French YouTuber on sleep. Proper sleep is a worldwide problem! A practical method with proven results within 8 weeks. Audio support with over 30 self-hypnosis sessions.

For English publication, the author will provide an audio file reading of himself in English (complete with charming French accent!).

9782268 103075 / 2020 / 224 PAGES / 17,90 €

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> 8,000 copies sold

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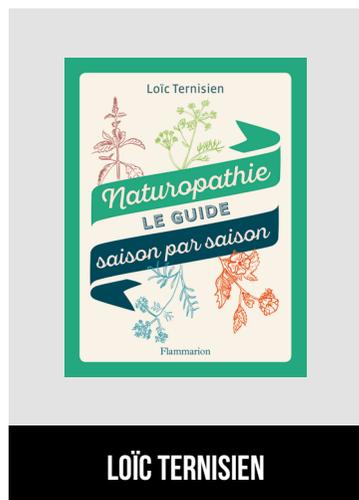
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› Flammarion



› NATUROPATHIE, LE GUIDE SAISON PAR SAISON

NATUROPATHY: A SEASON-BY-SEASON GUIDE

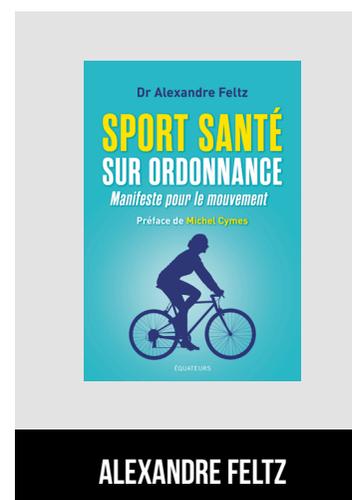
Natural immunity: a trending topic!

Naturopath Loïc Ternisien offers a comprehensive method to help us practice mindful self-care and regain control of our health.

He offers a wealth of practical solutions and advice for strengthening and protecting our immune, digestive, respiratory, and circulatory systems in every season, explaining which foods, nutrients, and plants to choose and which activities are most suitable. He also shares a seasonal medicine kit for naturally treating minor ailments (spring allergies, winter colds, and summer sunburn).

9782081494732 / 2020 / 208 PAGES / 14,90 €

› Editions des Equateurs



› LE SPORT-SANTÉ SUR ORDONNANCE

PRESCRIPTION: EXERCISE!

A playful, refreshing manifesto in favor of movement.

What's the cheapest and most effective medication? The best therapy available? Exercise! All scientific studies say so. Physical activity benefits the body, lengthening lifespan, lowering the risk of depression and injury, preventing and treating cardiovascular disease, diabetes, and cancer. It can even delay the onset of Alzheimer's! Alexandre Feltz encourages more exercise to narrow the health gap among his patients. With practical tips for environmentally friendly activities: stair climbing, yoga, Nordic walking, long strolls, cycling.

9782849906828 / 2020 / 164 PAGES / 17,00 €

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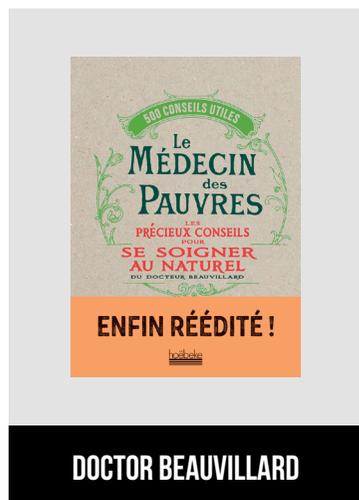
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› Hoëbeke



› LE MÉDECIN DES PAUVRES - LES PRÉCIEUX
CONSEILS POUR SE SOIGNER AU NATUREL
DU DOCTEUR BEAUVILLARD

THE POOR MAN'S DOCTOR: PRECIOUS RECIPES FOR NATURAL HEALING FROM DR. BEAUVILLARD

A vibrant homage to our ancestors' healing traditions.

The Poor Man's Doctor, an eclectic herbal and medicinal textbook, was a huge success back in the 19th century, with over 40 editions reissued and 500,000 copies printed per year until 1940. Revised by a naturopath, this up-to-date edition provides 500 medicinal and home cure recipes for all kinds of illnesses. The 100 most used medicinal plants and their healing virtues are displayed in illustration along with the most common diseases and their remedies.

9782842307707 / 2020 / 208 PAGES / 16,50 €

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> Previous editions of this title had annual print runs of over 500,000 copies

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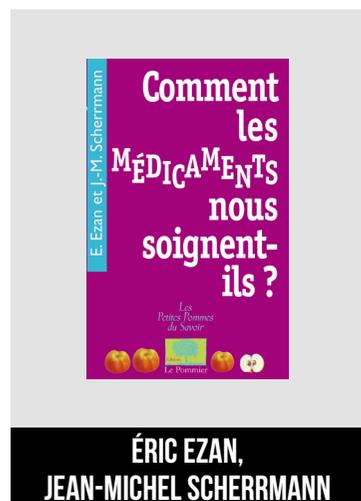
Microbiology, Immunology

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› Le Pommier



› COMMENT LES MÉDICAMENTS
NOUS SOIGNENT-ILS ?

HOW DO DRUGS HEAL US?

**This book offers answers to a great many questions
about drugs.**

What is a drug? How does it work? Why does it take so long to make one? Antibiotics, anticancer medications, analgesics, antivirals, synthetic hormones... Can drugs cure it all? Why do some have undesirable or even toxic effects? What are the drugs of the future?

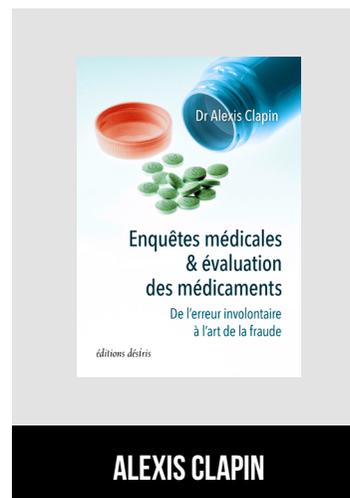
9782746504370 / 2009 / 160 PAGES / 4,99 €

FIND OUT MORE

> From the series "Little Apples of Knowledge"

Barbara Edun barbara.edun@humensis.com

› Désiris



› ENQUÊTES MÉDICALES
ET ÉVALUATION DES MÉDICAMENTS

MEDICAL INVESTIGATIONS INTO DRUG TESTING

The secrets behind doctored drug testing!

A clear, well-reasoned challenge to the established model for evaluating the efficacy of drugs, which have the greatest impact on our health. As science becomes enmeshed in society and politics, it is essential to ensure the trustworthiness of the methods and protocols it relies on in justifying drug-related decisions. From human error (perhaps inevitable) to deliberate fraud, here are ways – some subtle and some less so – that studies have been falsified to rush medications to market.

9782364031562 / 2018 / 264 PAGES / 14,50 €

Michel Mirale forerightrights@adverbum.fr

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› La Découverte



MATHIEU QUET

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> From the series "Little Apples of Knowledge"

› IMPOSTURES PHARMACEUTIQUES

PHARMACEUTICAL FRAUDS

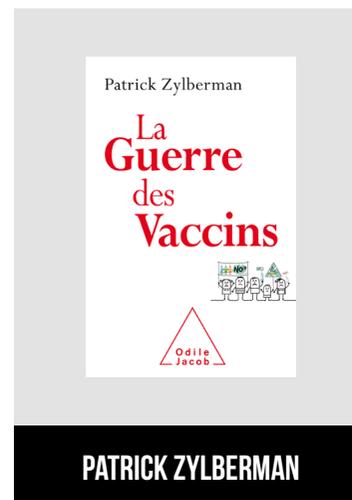
Illegal medications and struggles for access to healthcare.

Mathieu Quet has traveled the world investigating counterfeit prescription drugs.

Since few industries are as powerful and aggressive as pharmaceuticals, it really makes you wonder... Is the fight against counterfeit drugs an opportunity for Big Pharma to wrest back control of a situation quickly escaping its grasp, when NGOs and the Global South rose up to protest lack of access to drugs to fight AIDS?

9782359251418 / 2018 / 248 PAGES / 18,00 €

› Odile Jacob



PATRICK ZYLBERMAN

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Science historian Patrick Zylberman is a Professor Emeritus of Public Health at the École des hautes études and co-founder of the Val-de-Grâce conference on emerging infectious diseases.

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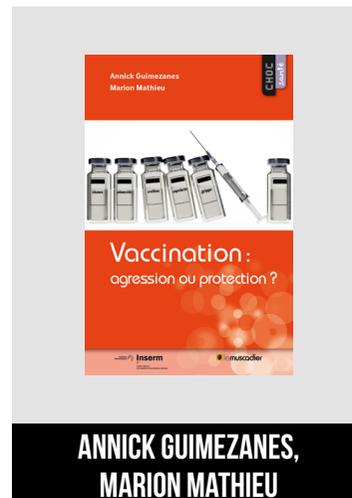
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